



Display Screen Equipment

Training course objectives:

The aim of this on-line course is to ensure that delegates understand the importance of basic ergonomic practice.

Our On-line course will provide you with:

- Guidance to help you set up your computer (DSE)
- Information to help you work safely at you computer
- Detail of associated health risks
- An assessment of your workstation which will notify your employer of any problems you may have

1. Introduction > 1. Overview

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2. Common problems with Display Screen Equipment

Health problems do not usually appear overnight and are the result of poor working postures and environments over a considerable period of time. The **main problem areas** are shown below:

work tasks

software

workstation

physical environment

Health Problems

Exit info Click each of the problem areas for more information Prev Next

Course fees:

Please contact our training department for further information

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